

Khabbar

(KONKANI SABHA NEWSLETTER)

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EDITOR:
Vasanth Bhat
33 Quail Run
Long Valley, N.J. 07853

TO:

Quarterly Newsletter
for circulation to
members of
KONKANI SABHA

Vol VI No.1
Jan.,Feb.,Mar., 1983

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*** Views expressed in this Newsletter do not necessarily reflect the views of the KONKANI SABHA.

**PRESIDENT'S
PAGE**

Dear Fellow Members,

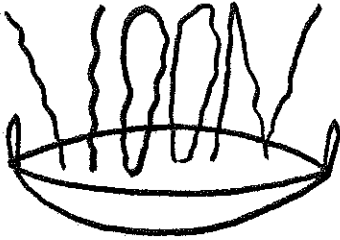
Yet another year has passed so quickly. As I write these few words, it is spring and everyday there seems to be some economic news to cheer about. I would like to take this opportunity to wish all of you a very happy and prosperous Yugadi (New Year) on April 14.

We are planning to hold our Annual Yugadi Function on Saturday, April 16th, 1983 at 3:30 p.m. This indoor function will be held in Queens, New York City. We are planning a deluge of entertainment activities from the talented artists of Padmini Institute of Fine Arts. Please make it a point to attend the function with your family and friends. Our annual elections will also be held on the same day.

We are in the process of updating our Directory of Konkani families in North America. Any addition to this Directory would be welcome. We are determined to reach all the Konkani families of this continent through "Khabbar".

I thank the Executive Committee for doing an excellent job in 1982. My special thanks go to Mr.Vasanth Bhat and Dr.Vasudev Nayak for all their efforts in "Khabbar". Last but not the least, I thank you all for giving me an opportunity to serve you.

Gopi K.Pai



Khabbar

RELOCATION

The NAYAKS, Krishna and Vanita with Vishal have recently relocated to M-15, Nob Hill Apt., BLACKWOOD, NJ 08012 (Tel:609-227-8697).

The PRABHUS, Vikram and Chandri with Vinod have moved to their newly acquired home at 5222, Grinnell St., FAIRFAX, VA 22032 (Tel:703-250-6710).

The RAOS, Sudhaker and Nalini with Sundeep have relocated to 325 Marston Av., #311, GLEN ELLYN, IL 60137 (Tel:312-858-8078).

The PAIS, Gopal and Shanthi are in the process of relocating to Orlando area in Florida.

The PAIS, Balachandra and Vijaya with Anil and Ajit have moved to 18, Ralston Av., GREENLAND, NH 03840 (Tel:603-431-5955).

The SABHA wishes these members and their families all the happiness at their new locations.

NEW ARRIVAL

ARCHANA, a girl to Madhav and Vijaya Shenoy of Weehawken, NJ on Jan 19,1983.

CONGRATULATIONS

DR. B.JAYANT BALIGA, was recently commended in the News Trends section of "Machine Design" for his contribution to a new power semiconductor switch. Dr. Baliga is working for GE's Research and Development Center in Schenectady, NY.

Miss PRIYA MAHALE, was selected to be the Munchkin in the play "Wizard of Oz". This play was played at several locations of the Voorhees School system.

Mrs. SHALINI NAYAK, of Johnstown PA, has become N.Y. Life Insurance Agent. Mrs. Nayak will be able to assist SABHA members in any insurance matters.

HOON Khabbar (cont.)

Miss VEENA NAYAK, spent last summer in research work at Roswell Park Memorial Institute, Buffalo, NY, and she is a co-author of a related article on "Growth Inhibitory Factor Secreted by Normal Human Fibroblasts in Culture" accepted for publication in the Journal of Cellular Physiology.

Miss VEENA NAYAK, won a Second Place Award (out of 25 in the USA) and a Scholarship in (all-U.S.) National Arts Recognition and Talents Search held at Miami, Florida in Jan '83, for excellence in dance (Bharata Natya). She also won the New Jersey Governor's Award for Arts Recognition and Talents Search.

Dr. SHAILA NAYAK is organizing a cultural evening of Indian Dances at the Public Library of Livingston NJ. The dances will be performed by alumni of Padmini Institute on March 24.

The SABHA congratulates the above members on their achievements.

BRAIN TEASERS

Although much of brain research has provided an orderly progression of facts about how the brain works and does'nt work, a lot of discoveries have been isolated little triumphs, discontinuous from what has preceded them and followed them, but shining crystals of knowledge nonetheless. Here are some of them.

THE PURPOSE OF DREAMS Dreams are a review of the day's events by the right hemisphere to determine which ones are important enough to be committed to long-term memory in the left hemisphere.

BRAIN AND MIND The brain is the mind viewed from an electrical and biochemical point of view. The mind is the brain viewed from a philosophical point of view. Both definitions overlap completely, but each comes into the overlap from a direction opposite the other.

INTELLIGENCE AND SLEEP People engaged in intellectual activity have more data to process and thus require more sleep. (It certainly is a great and self-flattering excuse.)

RIGHTIES AND LEFTIES Righties and hook-writing lefties have the same left hemisphere brain dominance. Natural lefties are likely to have difficulties with reading, speaking, writing and arithmetic but, are likelier to surpass righties in imagination, pattern recognition and general creativity.

LIGHT DUTY DIESEL ENGINES FOR AMERICAN AUTOS

By Sudhaker Rao

In America today the gasoline engine is the main type in use for light duty applications like cars, vans, pick up trucks, etc. In the past, low gasoline costs had tended to inhibit the development of diesel engines for cars not to mention the recent fall of gas prices. Hence, there are no indigenous diesel autos in general use in this country.

In Europe, the light weight high speed diesel engine has been used for many years as a light duty power plant with good fuel economy and durability. Therefore there are a number of 4,5,6 cylinder diesel engines manufactured by VW, Audi, Daimler-Benz, Opel, Peugeot and BMW. Some of these are also imported in America and used successfully. Small diesels are the most efficient practical engines with a volumetric fuel consumption of 20 to 50 % less than their gasoline counterparts. The high cost and scarcity of gasoline in not too distant a future may make the diesel a desirable alternative in this country.

The higher combustion pressure loadings in the diesel does demand a more robust construction along with a larger starter motor and fuel injection equipment which add to the weight and cost of the engine. Experience shows that the diesels cost is about 50% higher than a gasoline engine of like displacement. This could unquestionably be reduced at mass production rates in the US.

Although diesel engine can offer valuable reductions in fuel consumption of light duty vehicles, it is not free of exhaust emissions. Apart from NOX and HC, there are, two additional forms of exhaust emissions called the particulates and odor from these engines. The most obvious of particulate emission is Carbon which is visible in sufficient quantities as black smoke. Not much is known of the effect of Carbon particles on health, but this is clearly one of the undesirable characteristics of the diesel engine. It is the primary factor limiting engine power, since increases with fuel/air ratio. Particulates from a diesel in some experiments have shown to be almost 10 times that of a gasoline car of similar power.

Diesel exhaust odor is most evident at light load when approaching misfire conditions, and at full load in association with smoke. Odor is related to certain groups of unburned and partially burned hydrocarbons. Measures to limit HC emissions and strict smoke limitations should reduce odor.

For the required power and speed ratings, indirect fuel injection (IDI) is capable of providing the qualities of wide speed range, low noise and low exhaust emissions. The other type, called direct injection (DI) as used in heavy trucks is superior in fuel economy and lower thermal loading but, limits the engine speed to about 3000 rpm. The IDI system can lead to a noise reduction over the DI system.

A fairly complicated system of controlling the fuel injection depending on the speed and load is necessary to achieve minimum exhaust emissions without significant loss of performance. The requirements of fuel injection are becoming increasingly critical, and control of variations in production of injection system components is vital.

Diesels can come naturally aspirated or with a turbocharger. A turbocharger would require increased piston, body and crankshaft masses to resist the pressures of higher mechanical and thermal loadings, in addition to the weight of the turbocharger itself. Gasoline equivalent power can be achieved with natural aspiration, particularly since little or no power increment from turbocharging occurs in the important low to medium speed range. Turbocharging would result in an overall increase in cost and package size which would be quite unwelcome where the diesel is to replace the gasoline engine.

Although compression ratios in excess of 20:1 are employed to ensure good starting, IDI engines with small cylinder sizes require some starting aid. This usually takes the form of electrical glow plugs in the combustion chambers or heating of the intake air. The glow plugs, heated to about 2000 F, allow starting down to an ambient of -10F. When using starting aids of either type, there is a waiting period of about half a minute which prevents quick getaway and the driver may be tempted to cut short the waiting time, resulting in an inferior and dirty start.

Like smoke and odor, noise is a characteristic always associated with the diesel engine. However the IDI system has shown to be noisier than the gasoline engine. The final noise level radiated by the vehicle depends on the treatment of the diesel engine compartment, which includes shielding as well as absorbent materials. Noise when idling has always been a problem and immediately announces the fact that there is a diesel engine under the hood. The use of a larger number of cylinders can reduce the mechanical noise and improve the subjective impression when idling. Some complaints of roughness may be due to secondary imbalance of 4 cylinder engines almost invariably used in small cars. This should not occur with in-line 6 or V-8 configurations, both of which have secondary balance.

In general, the driveability of the diesel would not be inferior. At low speeds in high gear, it may even be superior due to better fuel distribution between cylinders. The diesel is better in cold driveability and transient response, and once started, can give full "cold engine power" under all conditions with no flat spots and little danger of stalling in an emergency. To avoid idling instability and excessive overspeed, all diesel engines are fitted with governors which make the engine to run at the speed indicated by the accelerator pedal.

There is potentially a large American market for diesel engines. Though the initial costs are high, the operating advantages of greater reliability, lower maintenance costs, and typically 30% greater fuel economy outweigh the higher initial outlay. Some problems like noise, odor, smoke and roughness are still being overcome to make the diesel more acceptable to the American consumer.

Sudhakar Rao is presently a Senior Project Engineer with Ecbert Bosch Corporation, in Illinois. He is on a 3-year assignment to U S A from the Indian subsidiary MICO. He lives in Glen Ellyn with wife Nalini and son Sundeep. He did his M.S. in Internal Engineering Combustion from I I Sc, Bangalore.

INDIAN CLASSICAL DANCE

by Veena Nayak

Since the earliest historical recollections of ancient Indian civilization, all forms of Indian art have been nurtured amidst devotional fervor of worshippers, in the precincts of the temples. Classical Indian dance, one of the complex forms encompassing the ancient traditions of art, religion and philosophy as comprised in Indian culture.

All Indian classical dance is based on Bharata Muni's Natya Shastra. In this ancient treatise on the performing arts, dance is enumerated and codified with specific regulations. According to it, there are three main components of dance. These are 'Nritta' or pure dance, 'nrtya' or dramatic dance, full of expressions, and 'natya', the combination of movements and mime. The meaning of dance is detailed further through three forms, -'bhava' or mood, 'raga' or melody and 'tala', the rhythmic timing. Also fully described in this treatise are the basics of the techniques of dance. The remaining component of dance 'abhinaya' or portrayal of feeling and expression is depicted through four modes. The first of these is 'angika' or expression through the limbs of the body. The second is 'vachika' or expression through voice. 'Sattvika' or expression of emotion through facial expression and use of eyes is the third mode, and the last mode is 'aharya' or expression through dress, ornaments and other accessories. In addition, all dance must include a contrast in styles - 'Lasya' or the gentle feminine style and 'Tandava' or the forceful masculine style. The function of dance is also considered by Bharata Muni. Dance should provide pleasure to all, discipline for followers, wisdom in the ignorant, learning in scholars and restraint in the unruly.

Within the framework ascribed by the Natya Shastra, local forms of distinct classical styles have evolved in different areas of India, due to differences in language, custom, environmental dress and music. The six major styles of Indian classical dance include Bharata Natyam, Kathakali, Kuchipudi, Orissi, Manipuri and Kathak. Considered to be the mother of most of the other classical dance styles and a source of inspiration for all the allied arts, Bharata Natyam, a 2000 year old art originating from the Tamil Nadu, places great emphasis on line, angle, precision and symmetry. Indigenous to Kerala, Kathakali dance drama is noted for its intensity of dramatic acting, powerful expressions and pantomime as it depicts ancient epics. Originating in the state of Andhra Pradesh, Kuchipudi comprises both dance drama and solo dance and its salient characteristics include swaying body movements and an obvious story telling mime. Nurtured in Orissa, the lyrical style of Orissi possesses the peculiar characteristic of a thrice bent body position which places great emphasis on the curvature of the hip along with the bend at the waist and the position of the head. Indigenous to the northeast region of India known as Manipur, Manipuri is noted for its extremely graceful style and marked emphasis on the top half of the body. Originating in the north Indian cities of Lucknow and Jaipur, Kathak features elaborate footwork and intricate patterns of dance movements.

Embodying the wisdom and experience of the ages, Indian classical dance, with its complexity of form and devotional mood, is a source of pleasure and entertainment, as well as a form of educational theater, interpreting the philosophical ideals, myths and legends of Indian Metaphysics.

Veena Nayak, daughter of Drs. Shaila & Vasudev Nayak of Livingston NJ is a senior in the Montclair Kimberley Academy. Indian Classical Dance was the subject of her independent study in the last semester; she prepared a 20 page paper on the subject and gave a 1½ hour performance with explanations for her school teachers who were evaluating her paper. She got A+ on the paper. The school has arranged 3 repeat performances by her for the School Trustees and the students. The article is an excerpt from her independent study paper.

KID'S KORNER

BIRTHDAY WORD FIND

by Miss Shuba Kamath, Edison, NJ

Directions: Can you find 8 words that have to do with birthday celebration in this WORD FIND ? The words might be across, down, or backwards.

L R T A B V Q
C A N D L E S
O L Y O X Q R
T N E S E R P
O R K Z S U N
R S A N S Q R
L T C R N T P
S I F C O L G
G C O U O C N
A E F P L N O
B C B C L S T
T R O A A R A
O E W K B O R
O A C E O V D
L M T S P C L

A JOKE

By Swapneal Shenoy, Towaco, NJ

A man walks into a store and says: "Where will I find Longjohns?"
Employee: "Right over here. How long do you want them?"
Man: "Oh, about November to March."

LIMERICKS

By Miss Gayatri Kamath, Ridge, NY

There once was a man from Spain,
Who fell down a deep, dark, drain.
When asked, "Are you stuck?"
He replied, "With a duck,
and a poor little choo choo train."

There once was a house
Which belonged to a mouse
It may have been small
And it may have been tall
But 'twas a house fit for this mouse

H A I K U

O, Small graceful dove,
Most beautiful of all beings
How lovely you are

Little flower red
So preettliy coloured
Beautiful flower

THE IMMIGRANTS

By Vandana Kudva, S.Williamson, WV

Many, many years ago there came from other lands,
People thriving and waiting to touch American sands
Anxious waiting but no wealth,
Their children in the same way but in bad health.
Maybe a week there was only one meal,
Feel the pain, the pain that was real
Once they reached this promised land they found her shore
Was only dirty sand
Suffering more than in their old home these so called
Immigrants began to roam.
Roam for clothes, money and food,
Years passed by this dulled their mood.
Nothing, this land seemed hopeless to them
Then as years passed by our native land became a gem,
America! America! Sang all of them with glee,
For the only shore I'll ever sail is my great American sae! ! !

A P P E A L

The automobile that His Holiness Sudheendra Teertha Swamiji of Kashimutt is presently using is old and in not too good a shape. Members of the community overseas are collecting funds to provide a reasonably good imported car for use by Swamiji, the cost for which through the STC will be \$21,000. We have received the appeal for this collection and request the members to consider this and send your check(overseas draft) to Dr. Dharmadev Nayak, 401 N.Mulberry Street, Effingham IL 62401, tel 217-342-2565. Please make the overseas draft payable to 'The Kashi Mutt Samsthan,Bombay'.

LETTERS TO THE EDITOR

Dear Editor,

I would like to point out a mistake in your Khabbar, Vol.V, No.4 Issue. In KID'S KORNER "Limericks" by Miss Vandana Kudva, was actually a poem. A limerick has 5 lines with first, second and last lines end with rhyming words and third and fourth lines rhyme on their own. Please, publish some of the Limericks and poems of mine.

From: Gayatri Kamath of Ridge, NY

Editor's reply: Thanks. This Issue has both your Limericks and a poem. I'll publish the other poem in the next issue.

Dear Editor,

Thanks for publishing the news about Satyanarayan Pooja in the last issue of "Khabbar". I wrote to you about the Pooja as a reporter but, might have misled you in some details. The fact is that the Pooja was organized by all the Konkani in L.A. area, and it was held in a rented hall and not in my house. The success of the function must go to Mr. Vishwanath Hegde. I was just one of the participants. Also, I'm enclosing the tape recording of the Katha to you should any of the readers wish to listen to them.

Vasudev Prabhu, Mission Viejo, CA

Dear Editor,

Thank you for sending me "Khabbar" and List of members. I am really delighted to know about the SABHA and it's activities. I would like to become a member of the SABHA. Please let me know if I have to send any money in this regard. I also would like to subscribe to "Khabbar".

Vinayak Pai, Ruidoso, NM

Editor's Reply: Thanks for your letter. We have been getting numerous letters and oral compliments like this. The SABHA membership is open to all Konkani speaking people. The annual dues are \$20 for members in metropolitan N.Y. area (NY, NJ, CT, DE, PA) and \$5 for associate members. The "Khabbar" is sent to all the members regularly on a quarterly basis at no cost.

KLASSIFIED

PHYSICIANS WANTED

Progressive hospital in semi-rural area. New regional medical complex under construction. Fee for service. Will help relocate.

Physicians needed in the following specialties:

E.N.T., Orthopedics, Non-Cardiac Thoracic surgery, Anesthesia, Urology, Ob-Gyn, Oncology, Gastroenterology and Pulmonary Medicine.

Contact: Dr. I.N. Nayak, M.D. P.O. Box 29 HAZARD, KY 41701

MATRIMONIAL

Suitable match for my Doctor brother, B.Sc., M.B.B.S., appeared ECFMG, 30, 5'7", presently in Bombay, from green card holders, preferably medico.

Call: Mrs. Sunita Bhat at 219-432-3898